**Friday, September 19, 2025**

**Vermilion’s Autumn**

**Cross Country Running Challenge**

Hosted by J.R. Robson School

**Located at Vermilion Provincial Park Soccer Fields**

**Optional Course Walk Through at 12:00 pm**

**Race Times:**

**Elementary**

**Grade 4 - 6 Girls 1:00 pm 2 km**

**Grade 4 - 6 Boys 1:40 pm 2 km**

**Junior High**

**U13 – 14+ Girls 2:20 pm 3 km**

**U 13 – 14+ Boys 2:50 pm 3 km**

**High School**

**Junior Boys and Girls 3:20 pm 4 km**

**Int. Boys, Girls & Sr. Girls 4:00 pm 5 km**

**Sr. Boys 3:20 pm 6 km**

* Entry Fee**: $5.00 per athlete**. **Cheques** made out to **J. R. Robson School,** please bring with you on the day.
* **High school running times are approximate and may be moved up as categories may be combined based on entry numbers.**
* **Ribbon ceremony (places 1-6) to follow immediately after each race.**
* **Send an email to** [**lindsey.bates@btps.ca**](mailto:lindsey.bates@btps.ca) **and a registration Google doc will be shared for runners to be entered into.**
* **Registrations must be received by 4:00 p.m. September 16th, 2025.**
* **For Junior and Senior high runners please use September 1 as the cut-off date for your category.**
* **Outdoor washrooms available at the site, no refreshments available.**
* **Coaches check in for your package upon arrival.**
* **Trails will be marked if you cannot attend the walk through.**
* **Please remind athletes to bring a sufficient supply of liquids as limited**

**water is available on site.**

Any question please direct to Lindsey Bates at [lindsey.bates@btps.ca](mailto:lindsey.bates@btps.ca) or 780-853-4177.